

A Day in the Life of a Conservation Officer

Information provided by MN DNR

CO Vinny Brown (Northome) checked anglers and trappers and patrolled area lakes on snowmobile. Enforcement action was taken for fishing without a fishing license, no fishing license in possession, unattended fishing lines, and using perch as bait. Enforcement action was also taken for multiple fishing line violations and no shelter tags.

CO Mike Fairbanks (Deer River) checked anglers, worked trapping complaints, and monitored snowmobile activity. Angler success was good this week. Enforcement action was taken for license issues and operating a snowmobile on the roadway.

CO Brian Holt (Grand Rapids) worked angling and recreational vehicles during

the week. Time was also spent monitoring trapping and small-game hunting activity. Enforcement action was taken for possession of drugs and paraphernalia and fish house violations.

CO Thomas Sutherland (Grand Rapids) worked ice angling and snowmobile activity. Deer-season case work was also followed up on with cases being closed out. Many people were out during Christmas break getting out on the ice and catching panfish and wall-eyes. Enforcement action was taken for failing to have an angling license and failing to possess an angling license. Sutherland also responded to a snowmobile crash where an individual fell from his snowmobile and broke their ankle.

CO Jimmy Van Asch (Penggilly) worked angling, spearing, snowmobile, and trapping activities. Area snowmobile trails need more snow. Several anglers were contacted over the holiday weekend and reported moderate success. Enforcement action was taken for angling with extra lines, no angling license in possession, and various snowmobile violations.

CO Taylor Hochstein (Hill City) continued to monitor trapping and ice angling activity. Ice conditions have improved greatly on most area lakes and more and more permanent fish houses are being seen. The fish bite continues to be pretty good with crappie fishing being the best.

Arrowhead Area Agency on Aging Announces Upcoming Webinar Series for Older Adults, Families, and Caregivers

The Arrowhead Area Agency on Aging, in partnership with Legal Aid Service of Northeastern Minnesota, will be hosting an upcoming series of webinars for older adults, families, and caregivers. Announced topics include:

Advanced Planning 101
January 11, 2022
10 AM—11:30 AM

Be prepared for the “long middle” and end of life by learning about legal tools that can help you live the life you want and leave the legacy you want. We will discuss legal documents such as Healthcare Directives, Powers of Attorney for financial matters, Wills, and other testamentary documents. Most people want options to reach their goals — advanced planning allows you to have as many options as possible. At the end of this session, you will have the following forms: Healthcare Directive, Statutory Short Form Power of Attorney, Transfer on Death Deed, and know where to get the other legal documents. Register at: <https://tinyurl.com/2p95xbwe>

To request any accessibility needs, please contact lhanson@ardc.org by January 6th.

Renter's Rights (Market Rate Housing)
February 22, 2022
10 AM— 11:30 AM

Minnesota law, as well as some federal law, govern market rate rental properties, which give both tenants and owners’ rights and responsibilities. Learn how to use these laws to be a successful tenant and preserve your housing in times of trouble. Register at: <https://tinyurl.com/y2c9ac7f>

To request any accessibility needs, please contact lhanson@ardc.org by February 17, 2022.

Presentations are free and open to the public, but registration is required. Presentations made possible in part by the state of Minnesota.

For information on future sessions, please follow us on Facebook at <https://www.facebook.com/arrowheadaaa> or visit www.arrowheadaging.org

Renter's Rights (Subsidized Housing)
February 8, 2022
10 am—11:30 AM

Subsidized housing is housing that has some portion of the rent paid by someone other than the tenant, but it is more than that. Tenants and owners of subsidized housing have more laws that govern them.

Tenants typically have more protection while renting via subsidized housing. Learn about tenant rights and responsibilities in subsidized housing and how knowledge of these can help resolve problems and preserve a tenant's housing. Register at: <https://tinyurl.com/5epe982>

To request any accessibility needs, please contact lhanson@ardc.org by February 3, 2022.

Spending Down to Public Programs
March 15, 2022
10 AM—11:30 AM

This session will use Medical Assistance for long term care as the public program to illustrate how to navigate public programs. Learn safe ways to spend down assets for public programs. Learn how to avoid traps that can cause ineligibility. Learn how Medical Assistance treats assets and income of married couples and individuals, what happens to your home while on MA, how gifts can cause ineligibility, some exceptions to the gift rule, the basics about eligibility, and how the state gets paid back for the MA benefits spent. Register at: <https://tinyurl.com/vshmmj8>

To request any accessibility needs, please contact lhanson@ardc.org by March 10, 2022.

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ADVERTISEMENT FOR BIDS ITASCA COUNTY

NOTICE TO CONTRACTORS: Electronic Bids will be received until 11:00 AM on Tuesday, January 25th, 2022 through Bid Express® <http://www.bidexpress.com> for the construction of the County project listed below.

Itasca County Contract 66010

SAP 031-660-010, Grading, Aggregate Base & Bituminous Surfacing
 SAP 031-660-012, Bituminous Paving & Aggregate Shouldering
 SAP 031-607-031, Grading, Aggregate Base & Bituminous Surfacing
 City of Taconite – Shamrock Drive Street Improvements

Proposals will be opened and read publicly at 11:01 AM on January 25th 2022 at the Itasca County Transportation Department 123 NE 4th Street, Grand Rapids, MN 55744.

The approximate quantities of the major work for Contract 66010 are as follows:

Common Excavation (P)	101,244 CY
Muck Excavation	14,343 CY
Select Granular Borrow (CV) (P)	45,285 CY
Aggregate Base Class 5 (P)	21,419 TON
Type SP 9.5 Wearing Course Mix (2;C)	9,466 TON
Type SP 19.0 Nonwear Course Mix (2;B)	7,138 TON

The Contract will be awarded to the lowest responsible bidder.

Plans and Proposals may be downloaded through Bid Express® <http://bidexpress.com>. There will be no cost for plans and proposals but bidders must register through Bid Express® prior to bidding and submit their bids electronically through Bid Express®. Bid Express® does charge for this service and bidders are encouraged to register well in advance of the bid closing date if they have not previously done so.

Electronic bids must be accompanied by a corporate surety bond in an amount which is at least equal to 5% of the total amount and may be submitted electronically through Bid Express® using Surety 2000 or InSure Vision Technologies, LLC, or as a hard copy by mail or other delivery method, either as a corporate surety bond or a certified check made payable to the Itasca County Auditor.

If not submitted electronically, the proposal guaranty must be received at the Itasca County Transportation Department, 123 NE 4th Street, Grand Rapids, MN 55744 in a sealed envelope marked clearly with the name of the bidder, type of work and project number by 4:00 p.m. the day prior to the specified date of opening.

The County Board of Commissioners reserves the right to accept or reject any or all bids and to waive any defects therein.

Dated: December 10, 2021

Jeffrey Walker Itasca County Auditor/Treasurer Courthouse Grand Rapids, MN 55744	Karin Grandia Itasca County Highway Engineer Courthouse Grand Rapids, MN 55744
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LEGAL NOTICES

13.1.15. Request Approval of Agreement with Lorrie Larson, Interim Business Manager
 Motion to Approve Agreement with Lorrie Larson, Interim Business

Manager—Sundquist
 Seconded—Hendricks
 All in favor, motion carries
 13.1.16. First Reading ISD 319 Policy 401- Equal Employment Opportunity

13.1.17. First Reading ISD 319 Policy 402- Disability Nondiscrimination

13.1.18. First Reading ISD 319 Policy 404- Employment Background Checks

13.1.19. First Reading ISD 319 Policy 405- Veterans Preference

13.1.20. Motion to Approve First Readings of ISD 319 Policies: 102- Equal Educational Opportunity, 301- School District administration, 302- Superintendent, 303- Superintendent Selection, 306- Administrators Code of Ethics, 401-Equal Employment Opportunity, 402-Disability Nondiscrimination, 404-Employment Background Checks, and 405-Veterans Preference—Sundquist
 Seconded—Hendricks
 All in favor, motion carries

13.1.21. Request Approval of 2020-2021 WBWF Summary and Report
 Motion to Approve 2020-2021 WBWF Summary and Report—Dasovich
 Seconded—Kalmi
 All in favor, motion carries

13.2. OLD BUSINESS

13.2.1. ICS UPDATE

13.2.1.1.Update on FAQs- Craig Menozzi

13.2.1.2.Update from December 14th IRRRB board meeting- Craig

13.2.1.3.Trying to simplify the overall project funding- Matt and Jeff

13.2.1.4.Costs for repair/renovation versus building new- Jeff and Matt

13.2.1.5.Referendum Communications- Alyssa

13.2.1.6. Adopting another resolution pending 12/14/2021 IRRRB board meeting

13.2.2. BOARD Comments

13.2.2.1.Final Reading ISD 319 Policy 509- Enrollment of Nonresident Students

13.2.2.2.Final Reading ISD 319 Policy 516- Student Medication

13.2.2.3.Final Reading ISD 319 Policy 533- Wellness
 Motion to Approve Final Readings of ISD 319 Policies 509- Enrollment of Nonresident Students, 516- Student Medication, and 533- Wellness—Dasovich
 Seconded—Hendricks

All in favor, motion carries

14. ADJOURN
 Motion to Adjourn—Hendricks
 Seconded—Sundquist
 All in favor, meeting adjourned at 7:57
 Note: Minutes Unofficial, subject to school board approval
 Published 1/6

STATE OF MINNESOTA
 COUNTY OF ITASCA
 DISTRICT COURT
 Action to Quiet Title
 NINTH JUDICIAL DISTRICT
 Court File No. 31-CV-22-3038

David H. Johnson, Plaintiff,
 v.
 John Hanson and the unknown heirs or assigns of the afore-named person and all other persons unknown claiming any right, title, estate, interest or lien in the real estate described in the Complaint herein,
 Defendants.

SUMMONS
 THE STATE OF MINNESOTA TO THE ABOVE NAMED DEFENDANTS:

You are hereby summoned and required to Answer the Complaint of the Plaintiffs above-named on file in the office of the Court Administrator of Itasca County, Minnesota, and to serve your Answer to said Complaint upon the subscriber in his office at P.O. Box 365, Deer River, Minnesota, 56636 within twenty (20) days after service of this Summons upon you, exclusive of the day of such service; if you fail to do so the Plaintiffs will demand judgment for the relief demanded in the Complaint.

This action involves, affects, or brings into question real property situated in the County of Itasca, State of Minnesota described as follows:

The Southwest Quarter of the Southeast Quarter (SW 1/4 SE 1/4), Section 1, Township 62 North, Range 22 West of the Fourth Principal Meridian.

NOTICE IS FURTHER GIVEN That the object of this action is to obtain a judicial determination the Plaintiffs above named are the fee owner of the above described real property and the Defendants have no interest in the above described real property.

NOTICE IS FURTHER GIVEN that no personal claim is made by plaintiffs against any of the defendants.

Civil cases are subject to Alternative Dispute Resolution processes as provided in rule 114 of the General Rules of Practice for the District Courts. Alternative Dispute Resolution includes mediation, arbitration, and other processes set forth in the rules. You may contact the court administrator for information about these processes and about resources available in your area.

Dated: November 23, 2021

LAW OFFICE OF SHAW & SHAW
 Andrew M. Shaw - 205400
 Attorney for Plaintiff
 P.O. Box 365
 Deer River, Minnesota 56636
 218/246-8535

Published 12/23, 1/6, 1/13

Chiropractic Corner
Chiropractic for Babies



People often wonder if chiropractic care is beneficial for babies. Chiropractic techniques for babies are safe and gentle. A chiropractor is able to make small adjustments in the spine using light touch, which has big effects on the child's health and well-being.

The process of birth can be quite traumatic, especially when some of the more intense medical intervention procedures, such as suction or forceps, are involved. It can actually lead to a condition called TBS - Traumatic Birth Syndrome - which may manifest in different ways. Fortunately, through small adjustments of the spine, much of this trauma can be relieved, creating a more pleasant post-partum experience for both baby and parents. The way this works is through treating vertebral subluxations, because the subluxations can impinge upon nerve function and cause neurological distress if left untreated.

Another important condition in babies that chiropractic can help with is colic. The digestive distress that babies with colic experience can be traced back to spinal tension that is affecting (irritating) the nerves which support the digestive process. By relieving this tension in the spine, the child may experience far less pain and digestive upset. As more and more parents explore chiropractic care for their children, more is learned about the many benefits available.



Dr. John Joki—204 NW 5th St.—Grand Rapids—218-326-1804



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